



Sensory Processing Difficulties

Sensory processing involves the receiving, organizing and interpreting of the sensory stimuli we come across. The seven senses: touch, sight, hearing, smell, balance, and body position, are used for this process.

Sensory processing difficulties also means that someone is responding in an unusual way to the sensory stimuli. That is, by over-responding or under-responding to sensory information. Sensory processing difficulties can affect communication competence, social skills and behaviour, and can also increase the anxiety of children.

Sensory processing difficulties are more present in children with ASD compared to other disabilities. Leekman et al.'s (2007) study found that 90% of the children involved had sensory processing difficulties, which included difficulties in more than one area.

To ensure the children in the iMsocial[™] program are able to participate in the groups without being affected by sensory difficulties, activities have been included to supports children in the regulation of their sensory stimuli.

References

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